

**Subject line:** A new health and wellbeing service coming soon

We wanted to let you know about a new service we'll soon be launching, called Virtual Clinic from Legal & General. Safeguarding your health and wellbeing is our top priority and a new on-demand health and wellbeing service will give you and your family comprehensive wellbeing support should you ever need it.

### **What is Virtual Clinic?**

Virtual Clinic gives you access to four core health and wellbeing services, via three easy to use apps.

### **Day-to-day health and wellbeing support, including counselling through My Healthy Advantage App provided by Health Assured**

Designed to keep you healthy and happy when working, a day-to-day health and wellbeing support (Employee Assistance Programme) is available to you 24 hours a day, 365 days a year. The app features wellbeing tools and engaging features to support you and your family's financial, mental, physical and social wellbeing. There's also access to counselling that can be over the phone or through video to help you with your mental wellbeing, advice on financial matters, divorce and separation support, as well as a legal information service and much more.

### **Virtual GP service through Health 365 App provided by Teladoc**

Virtual GP doesn't replace your registered GP. Instead, it's there when they need fast answers and peace of mind for a medical problem that isn't an emergency. The Virtual GP can provide support for a range of concerns through phone or video – it's designed to be just as effective as the traditional face-to-face appointment you'd have with your GP.

### **24/7 Mental Health services through Health 365 App provided by Teladoc**

Further mental health support for you and your family, including wellbeing tools, tips and resources to help maintain a healthy mind.

### **Long-term chronic condition support through CONNECTPlus App provided by HCI Digital**

The CONNECTPlus app helps you self-manage one or more specific long-term health conditions, and aims to empower you to take control of your own care.

This service has been created with the help of NHS clinicians and patients to help you manage the following conditions and illnesses:

- Cancer
- Multiple Sclerosis (MS)
- Type 2 diabetes
- Stroke
- Long Covid
- Rheumatoid Arthritis

### **Who can use the service?**

Virtual Clinic is designed to be available to you and your immediate family, and all three apps are available to download on to most iOS and Android devices.

If you have any queries in the meantime, then please read through the [Virtual Clinic employee guide](#).

### **Any questions?**

If you have any questions, please get in touch with the HR team on **XXX**.

Thanks,

**XXXXXXXXXXXX**

