

Subject line: Your new health and wellbeing service is almost here

Virtual Clinic is almost here, giving you and your family comprehensive, on-demand wellbeing support should you ever need it.

Let us remind you about what Virtual Clinic is

Virtual Clinic **from Legal & General** gives you access to four core health and wellbeing services, via three easy to use apps.

Day-to-day health and wellbeing support, including counselling through My Healthy Advantage, App provided by Health Assured

Designed to keep you healthy and happy at when working, a day-to-day health and wellbeing support (Employee Assistance Programme) is available to you 24 hours a day, 365 days a year. The app features wellbeing tools and engaging features to support yours and your family's financial, mental, physical and social wellbeing. There's also access to counselling that can be over the phone or through video to help you with your mental wellbeing, advice on financial matters, divorce and separation support, as well as a legal information service and much more.

Virtual GP service through Health 365, App provided by Teladoc

Virtual GP doesn't replace your registered GP. Instead, it's there when they need fast answers and peace of mind for a medical problem that isn't an emergency. The Virtual GP can provide support for a range of concerns over the phone or through video – it's designed to be just as effective as the traditional face-to-face appointment you'd have with your own GP.

24/7 Mental Health services through Health 365, App provided by Teladoc

Further mental health support for you and your family, including wellbeing tools, tips and resources to help maintain a healthy mind.

Long-term chronic condition support through CONNECTPlus, App provided by HCI Digital

The CONNECTPlus app helps you self-manage one or more specific long-term health conditions, and aims to empower you them to take control of your own care. This service has been created with the help of NHS clinicians and patients to help you manage the following conditions and illnesses:

- Cancer
- Multiple Sclerosis (MS)
- Type 2 diabetes
- Stroke
- Long Covid
- Rheumatoid Arthritis

Who can use the service?

Virtual Clinic is designed to be available to you and your immediate family, and all three apps are available to download on to most iOS and Android devices.

In the meantime you can read through the [Virtual Clinic employee guide](#) for more information.

Any questions?

If you have any questions, please get in touch with the HR team on **XXX**.

Thanks,

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