

As part of the valuable workplace protection benefits provided by your Legal & General umbrella benefits, you can now access the **Legal & General Concierge** service. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Call the Medical Information Line**  
Freephone 0800 316 9337



A 24-hour telephone consultation with a Legal & General Concierge is available to all Legal & General umbrella policyholders. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Call Care Concierge**  
Freephone 0800 608823



**NOVEMBER**

## Talk Money Week

In November we mark Talk Money Week. It's a time to focus on your financial wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Call the confidential 24/7 helpline**  
Freephone 0800 316 9337




**JULY**

## National Simplicity Day

On 15th July we mark National Simplicity Day. It's a time to focus on simplifying your life and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Call the Legal Information Service**  
Freephone 0800 316 9337



**MARCH**

## Dementia UK's 'Time for a Cuppa' week

In March we mark Time for a Cuppa week. It's a time to focus on your mental wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

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Freephone 0800 608823



**MAY**

## Mental Health Awareness Week

In May we mark Mental Health Awareness Week. It's a time to focus on your mental wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Call the confidential 24/7 helpline**  
Freephone 0800 316 9337



**APRIL**

## World Health Day

On 7th April we mark World Health Day. It's a time to focus on your physical wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Take your health. Visit**  
<https://www.nhs.uk>



**OCTOBER**

## World Smile Day

In October we mark World Smile Day. It's a time to focus on your mental wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Take a look at our umbrella benefits, here**  
[legalandgeneral.com/employee-benefits/umbrella-benefits](https://legalandgeneral.com/employee-benefits/umbrella-benefits)



**JANUARY**

## National Mentoring Month

In January we mark National Mentoring Month. It's a time to focus on your mental wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Call the Manager Concierge Service**  
Freephone 0800 316 9337




**FEBRUARY**

## Valentine's Day

On 14th February we mark Valentine's Day. It's a time to focus on your mental wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.

**Call the confidential 24/7 helpline**  
Freephone 0800 316 9337



**DECEMBER**

## National Grief Awareness Week

In December we mark National Grief Awareness Week. It's a time to focus on your mental wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.



**SEPTEMBER**

## World Alzheimer's Month

In September we mark World Alzheimer's Month. It's a time to focus on your mental wellbeing and to get the most out of your umbrella benefits. This is a free, confidential, 24/7 helpline service available to all Legal & General umbrella policyholders. It's there to help you with any questions you have about your umbrella benefits, including how to make a claim, how to use your benefits, and how to get the most out of your umbrella benefits.



# Employee communication

As part of the communication support we can provide to your SME clients who have purchased a Legal & General Group Protection product, we've created 12 screensavers to help them actively raise awareness of the wellbeing services that are included as part of the workplace protection benefits that they've invested in.

The screensavers pair a National Health Awareness date with signposting to corresponding wellbeing services that their employees now have access to, empowering them to actively manage their physical and mental health both today, and in the future.

## Speak to your Sales Consultant for more information

